

# MER- CHANTS GUILD



## FOOD

Toasts with preserves. Sourdough, Grain or Rye or Gluten free	\$6.50
Fruit loaf with date butter	\$7.00
	<i>nuts and cognac cream + \$4.00</i>
Porridge topped with fruit crumble.	\$12.00
"The Wild" muesli, banana, yoghurt, and sticky prunes.	\$13.00
Superfood breakfast! Avocado, kale, broccoli flowerette, barley, mung sprouts, green chilli and pumpkin seeds on toast with light cottage cheese and free range eggs.	\$18.50
Doughnut French toast with vanilla mascarpone, peaches, berries and pistachios.	\$16.50
Eggs Panzanella. Toasted torn bread, jamon, basil, dehydrated cherry tomatoes and marinated white anchovies dressed, tossed and served with two poached eggs.	\$18.50
Pumpkin, feta and harrisa polenta biscuit, free range eggs and za'atar.	\$16.00
Short cut bacon with an avocado and charred corn salsa on sourdough with eggs and jalapeno pesto.	\$18.00
Sweet pea and feta smash on dark rye, Spanish sardines and a lemon and herb crumb	\$15.00
	<i>add a poached egg + \$2.00</i>
Roast potato bubble and squeak, hot smoked trout, horseradish cream, pickled shallots and two poached eggs.	\$18.00
Eggs Benedict with a changing Hollandaise.	\$17.00
Sides: <i>Black beans with feta and lime, sausage, short cut bacon</i>	\$4.50
<i>roasted tomato medley, butter mushrooms, avocado, feta</i>	\$4.00
Ham, tomato, grilled cheese toasted sourdough sandwich.	\$11.00
Vietnamese Bánh Mi Duck baguette with pickled veg, pate, chilli and coriander.	\$13.50
Crumbed feta, chilli jam, field mushrooms and snow pea tendrils served on a seeded bagel.	\$14.50
Salad of pulled pork, black bean, sweet corn, avocado, cucumber and crème fraiche.	\$19.00
Super Salad with wild rice, quinoa, sweet potato, beetroot, broccoli, nuts and seeds topped with a tahini yoghurt.	\$18.00
	<i>add smoked trout + \$4.00</i>
Mississippi Chicken with a Creole coleslaw of cabbage, fennel, apple and purple carrots.	\$18.00
Mini meat loaves with sweet capsicum relish, pickled fennel salad and grilled bread.	\$17.50
Soup of the day.	\$10.50

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## DRINKS

*For its black coffee, Merchants Guild showcases some of Melbourne's most dedicated coffee roasters on a rotating menu. Please ask your barista for more information.* \$3.80

Coffee with milk. \$3.80

Large coffee with milk. \$4.80

Mörk hot chocolate. \$4.50

### TEA

Prana Chai; spices, tea, honey and ginger, made on site with all the love in the world. \$4.50

Good Morning; hearty-flavoured English Breakfast-style Assam blend. \$4.00

Jasmine Pearls; hand rolled into a pearl shape and grown next to fragrant jasmine flowers. Expect a delicate aroma and sweet flavour of jasmine. \$4.00

Golden Monkey; a classic black Chinese tea, hand-made, two leaf/one bud, early spring tea. It produces a fine-bodied tea of robust flavour. \$4.50

Puerh Tea; Created in secrecy by a coterie of Yunnan tea masters. Hidden, hoarded, stolen, fought over: love it or loathe it, Puerh is one of the great tea experiences. \$4.50

White Peony; produces a pale orange tea of exquisite flavour and delicate aroma. \$4.50

Peppermint Leaves; Whole-leaf Polish peppermint offers more of itself to impart a rare subtlety in both flavour and aroma. Thought to aid digestion and invigorate tissues. \$4.00

Iron Goddess; this partially oxidised oolong offers rounded, mildly ore-like earth tones softened with caramel, and deepened, some say, by a rich, woody, orchid-like fragrance. \$4.50

Organic chamomile flowers; these organic Egyptian chamomile flowers have been used since ancient times to aid digestion and as a gentle sleeping draught. \$4.00

Earl Grey; this blend of Assam teas originating in the UK some time in the 1830s is flavoured or scented with squeezed bergamot oil. An oil extracted from the rind of the bergamot orange, a fragrant citrus fruit native to southern Italy. \$4.00

Freshly squeezed OJ or mixed fruit juice of the day. \$6.00

Cold pressed super juice. \$8.50

Chilled PRANA chai made with soy and served over ice. \$5.00

Milkshakes with Mörk chocolate, vanilla or homemade caramel. \$6.00

Small flavoured mineral water. \$3.50

Cloudy apple juice. \$3.50

Coke. \$3.00



- Organic fruit and vegetable puree – ask your waiter for this weeks flavours. \$4.00
- Cheese ham and tomato, crust-less toasted sandwich. \$7.50
- Nutella fingers. \$5.50
- Eggie eggie dip dip soldiers. \$6.50
- Fruit plate. \$4.50

